1. 2 syllable noun and adjective the stress will be on the first syllable e.g. parent, quiet, subject

RULES FOR STRESS

1. 2 syllable verb the stress will be one the 2nd syllable e.g. subject, contract, object
2. Stress will be on the second syllable to the end if the word ends with ic, sion, tion e.g. dictation, futuristic, passion
3. Stress will be on the third syllable to the end if word ends with gy, phy, ty,ry, cy, al e.g. unfortunately, demography, hypocritical
4. A compound noun the stress is on the first syllable e.g. comeback, cowboy, notebook
5. Compound verbs and adjective are stressed on the second syllable e.g. shutdown, grow up, figure out